



# Parent Infant Foundation in Scotland

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# Our mission and vision



- Our vision is that all babies have a sensitive, nurturing relationship to lay the foundation for lifelong mental and physical health
- Our mission is to support the growth and quality of specialised parent-infant relationship teams across the UK





**Enabling and expanding specialised parent-infant relationship teams**

**Promoting evidence-generation and quality across the network of parent-infant relationship teams**

**Giving babies and the services that work with them a clear and compelling voice that shapes the national and local policy and practice agendas**



# Parent Infant Foundation in Scotland

Generously funded by Cattanach,  
William Grant and Charles Gordon  
Foundations

18-month project to support the  
development of IMH services happening  
across Scotland thanks to SG funding



# Scotland Project: SIMH-DC

## Creation of the Scottish Infant Mental Health Development Community (SIMH-DC)

*Bringing together professionals from statutory services across Scotland who are tasked with developing IMH services*

Our aims are to facilitate

- Peer learning, connection and community-building where IMH is central
- A space distinct from members' own organisations
- Access to expert service development experience and support
- Sharing of practice and experience, of difficulties and obstacles
- Creative space to foster good service development practice



# Scotland Project: Work with Boards

**Bespoke consultation and service development support for two NHS Health Boards over 15 months**

**NHS Highland** (large geography, integrated IMH/PMH/MNPI pathways)

**NHS Lothian** (large population, discrete IMH service development)

Working on agreed areas of focus- typically include:

- Service planning, recruitment, workforce development
- Evaluation planning, pathway planning
- Sustainability and coproduction



# Development and Implementation Toolkit

