

'Hush-a-bye baby: Everyday music and sound to support parents with persistent infant crying.'

Face to Face Workshop

hosted by: AiMH UK North West Hub



THURSDAY 18TH OCTOBER 2.30PM - 4.30PM.

**LOCATION: ST THOMAS CENTRE, ARDWICK GREEN,
NORTH MANCHESTER, M12 6FZ**

Members: £15 (+booking fee)

Non-Members: £25 (+booking fee)

Tickets limited to 60 - Priority given to members until Sunday 4th September

Programme

AiMH UK North West Workshop with Debi Maskell-Graham

"Hush-a-bye baby: Everyday music and sound to support parents with persistent infant crying."

Debi Maskell-Graham is a play therapist and expert in the field of Infant Mental Health. Debi has designed specialist Attachment Play courses: Baby Bonding has been successfully delivered around the world and Parent-Child Attachment Play (PCAP) is an innovative early help model that focuses on strengthening the attachment quality of the parent/carer – child relationship using child-centred, non-directive play. Debi is author of: *Reflective Functioning and Play: Strengthening attachment relationships in families from pregnancy to adolescence* (2016)

Debi will share emerging ideas from her research on everyday music (humming, vocal doodling, musical distraction, lullabies, singing along with music, and music listening) to ease or soothe the distress and unbearable nature of persistent infant crying. Music has shown great promise in pregnancy, labour, childbirth, and with parents with Post Natal Depression. Debi is examining through her research how everyday music, in its broadest sense, may offer positive and practical support to parents until the period of persistent crying resolves.

This will be an in-person workshop. Debi will gently confront the worries participants may have about singing and move into practical games and practice ideas which can be used to support parents when their baby cries. No musical skill or experience required!

BOOK TICKETS ON EVENTBRITE

FURTHER INFORMATION CONTACT:
INFO@AiMH.UK



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- **Free Admission** to **AiMH UK Skills Box sessions**
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- **Membership** of the practitioners local networking hub
- **Free admission** to all online CPD events run by AiMH UK Hubs
- **Access to the AiMH UK community** through Mighty Networks; an App based platform available online and on mobile phones
- **Quarterly copies of the International Journal of Birth and Parenting Education (IJBPE)** and access to an archive of past issues (this would normally cost £25)
- **Regular newsletters** with AiMH UK events, resources, and Infant Mental Health news
- **Updates on the latest Research in Infant Mental Health** with downloadable articles, and reports
- **Clinical papers** collated thematically by Robin Balbernie (AiMH UK trustee)
- **Access to the Infant Mental Health CPD System (IMH CPDS)** with which to generate an IMH CPD Portfolio and gain registration to the UK Infant Mental Health Recognition Register (IMHRR).

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