



MEMBERSHIP OF AiMH UK

The UK's leading membership group for all Infant Mental Health Practitioners.

Our mission is to promote understanding of why infant mental health (IMH) is important and to support the continuing professional development of all practitioners, early years workers, educators and students working to improve outcomes for parents, babies and toddlers.

AiMH UK, which was founded in 1996 and is an affiliate of the World Association for infant mental health (WAIMH), is a not-for-profit organisation and our primary function is to contribute to the raising of standards of IMH practice. We do this by offering resources, CPD events and access to local hubs, which support the UK community of infant mental health practitioners and early years workers to increase their knowledge and skills in infant mental health.

AiMH UK advocates for babies by engaging with government and other national / international organisations and forums, and supports all practitioners working across the perinatal period and early years.

By joining AiMH UK practitioners will be able to develop their knowledge, skills and confidence in IMH, access a wealth of specialist information on the AiMH UK website and connect with their local AiMH Hub.

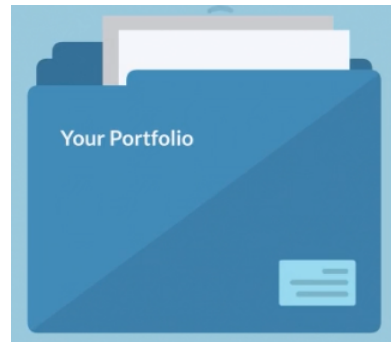
Practitioners will also be further contributing to the early social and emotional wellbeing of babies by encouraging universal awareness of the importance of IMH for healthy infant development.





AiMH UK MEMBERSHIP BENEFITS:

- **Access** to all professional resources on the AiMH UK Member area including the AiMH UK Best Practice Guides and the 'Getting to Know Your Baby' Videos
- **Free Admission** to AiMH UK Skills Box sessions
- **Discounts** to AiMH UK National Conferences
- **Membership** of the practitioners local networking hub
- **Free admission** to all online CPD events run by AiMH UK Hubs
- **Access to the AiMH UK community** through Mighty Networks; an App based platform available online and on mobile phones
- **Quarterly copies of the International Journal of Birth and Parenting Education (IJBPE)** and access to an archive of past issues (this would normally cost £25)
- **Regular newsletters** with AiMH UK events, resources, and Infant Mental Health news
- **Updates on the latest Research in Infant Mental Health** with downloadable articles, and reports
- **Clinical papers** collated thematically by Robin Balbernie (AiMH UK trustee)
- **Access to the Infant Mental Health CPD System (IMH CPDS)** with which to generate an IMH CPD Portfolio and gain registration to the UK Infant Mental Health Recognition Register (IMHRR). See next page for an overview of the AiMH UK CPD Programme



THE AIMH UK CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME

'Promoting excellence in infant mental health practice'

AiMH UK Supports Practitioner Development:

- Use the Continuing Professional Development Program to build your individual IMH portfolio.
- Submit your completed portfolio for peer review.
- With successful review your name will be added to the AiMH UK IMH Recognition Register



To build your IMH portfolio you will be asked to provide evidence in support of your working practice in and around infant mental health. Your knowledge, skills and behaviours will be validated against the UK IMH Competency Framework.

The AIMH UK IMHCF involves 3 levels of expertise:

Level 1 Portfolio is for practitioners who work, for example, with infants in childcare settings or who work with the parent-infant dyad under supervision.

Level 2 Portfolio is for regulated practitioners who work autonomously with the parent-infant dyad, supported by supervision, for example, parent-infant psychotherapists, Health Visitors, psychologists, Social Workers.

Level 3 Portfolio is for regulated practitioners who deliver specialist services to parents and infants with, for example, responsibility for managing a specialist team, providing training and supervision of other practitioners; and informing and implementing service development, protocols and policies at organisational and regional levels.

The IMH CPD system can be used for a number of purposes:

- To gather the evidence to compile their Infant Mental Health Portfolio for registration to the UK Infant Mental Health Recognition Register;
- To self-assess their current level of infant mental health proficiency and identify areas for continuing professional development;
- To provide evidence for revalidation with their individual professional body;
- To provide practitioners who are not required to be on a statutory professional register, recognition of their infant mental health skills and knowledge.

Support and mentoring packages for your team to work through the IMH CPD System and gain access to the Recognition Register are offered by AiMH UK. To enquire further please contact info@aimh.uk



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Infant Mental Health
Practitioners



TYPES OF AIMH UK MEMBERSHIPS

We have several membership options for joining AiMH UK annually.

- **Membership £55** for qualified practitioners
- **Reduced membership £35 for Early Years Workers** (with a Level 2 or Level 3 childcare qualification/Level 3 Diploma for the Children and Young People's Workforce/Level 3 Diploma for the Early Years workforce and the CACHE Diploma for Nursery Nurses)
- **Student membership £25** (evidence of your University/College , course, and tutor must be provided)
- **Over 60 and retired membership £25** - continue to support AiMH UK and access a wealth of AiMH UK events and resources
- **Small organisation or team membership.** We offer a group membership for 5 or more people; £35 per person with a 5% discount. (e.g. 5 at £35 with discount at 5% would be £166.25).
- **Large organisation.** A discounted block payment scaled to number of users with your own group on the Mighty Networks platform. (To discuss this option please get in touch at info@aimh.uk)

(Memberships must not be shared and you agree to abide to the conditions and terms of the AiMH UK membership. See below)

Join AiMH UK £55



Scan to pay





TERMS AND CONDITIONS OF THE AIMH UK MEMBERSHIP

This Membership Agreement is entered into by AiMH UK and anyone who signs up to becoming a member individually or as part of a centre or organisational membership, and comes into effect on the date of payment and the membership is activated.

Member benefits

As of part of membership with AiMH UK, the Member will receive the benefits as outlined above.

Membership dues

The membership is paid annually by invoice or through our payment provider stripe. If you do not renew your membership you will then relinquish all member benefits after the yearly subscription has lapsed.

Restrictions for member and members through an organisation / team

The Member agrees that **they will not:**

- Share their login information with non-members
- Reproduce any of the information received as part of their membership and share it with non-members
- Post inappropriate, inaccurate or offensive content to membership discussions

GDPR & Privacy

AiMH UK will not share any contact or personal information about the Member with other members, non-members or any third parties, unless the member has agreed to do so. (see website for full details)

Membership termination

The Organisation has a right to terminate the Member's membership if any of the terms and the conditions of this Agreement are violated. The Member can terminate their membership at any point and for any reason and will not be charged for their next billing cycle.

By agreeing to pay AiMH UK the membership payment you are confirming that you have read, understood and agree to the terms and conditions outlined in this Agreement.