

National Networking Event - Developing Best Practice



'Inconsolable crying in infants - A Relational Approach'

Thursday 6th July 9.30am - 12.00pm

The Association for
Infant Mental Health
Best Practice Guide 10
Inconsolable crying in
infants



Members: FREE
Non-Members: £20

Ticket includes a downloadable
copy of the new AiMH UK
**Best Practice Guide 10 -
'Inconsolable crying in infants'**



BOOK TICKETS ON EVENTBRITE

Members: Free
Non-Members: £20

Programme

This is AiMH UK's first national networking event. The event brings together early relational health professionals from all over the UK. There will be two opportunities for networking, the first to network with colleagues from all across the UK and the second to network with colleagues in your own area/region.

Programme:

9:30 Opening Talk: Professor Jane Barlow, President of AiMH UK,

will launch the new AiMH UK Best Practice Guide on Inconsolable Crying in Infants, looking at the current evidence with regards to prolonged infant crying, its causes and what works to soothe it. This new Best Practice Guide will focus on a relational approach to soothing infant crying with evidence from attachment and neurobiological research, which are providing a nuanced picture of the factors that influence the parental response to crying.

10:00 - 11:00 Networking Session 1: Inconsolable Crying - finding a relational way through: tips and challenges.

This is an opportunity to network with colleagues from all areas of the UK, to share ideas and practice. We will come back together to share the key take aways of these discussions as a whole network.

Break

11:15 - 12:00 Networking Session 2: Local networking - connecting, sharing and developing.

- Learn about is happening in relation to support for infant crying in your area
- Brainstorm ideas for supporting parents further in your area.
- Discuss any other topical developments or issues in relation to working with parents and babies in your area

12:00 End

Members: Free

Non-Members: £20

(includes a downloadable copy of the new Best Practice Guide 10 - 'Inconsolable crying in infants')

BOOK TICKETS ON EVENTBRITE

FURTHER INFORMATION CONTACT:
INFO@AIMH.UK

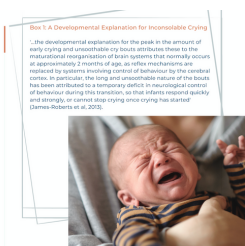


Speaker

Jane Barlow - DPhil, FFPH Hon is Professor of Evidence Based Intervention and Policy Evaluation at the Department of Social Policy and Intervention, University of Oxford, President of AiMH UK

Jane's main research interest is the role of early parenting in the aetiology of mental health problems, and the evaluation of interventions aimed at improving parenting practices during pregnancy and the postnatal period. She also undertakes research to evaluate the effectiveness of interventions aimed at preventing child abuse. She is currently President of AIMH UK, Affiliate Council Representative of the Executive Board of WAIMH, an Associate Editor for the Infant Mental Health Journal, and was a member of PreVAiL (Preventing Violence Across the Lifespan).

Jane also undertakes research on the effectiveness of interventions in the field of child protection, and is currently working with the NSPCC to develop a new prebirth pathway to support vulnerable pregnant women, and an intervention for families in which there is domestic abuse. She is also the lead investigator for the national evaluation of the A Better Start (ABS) programme.



The Best Practice Guide 10 - 'Inconsolable crying in infants'

This Best Practice Guide (10) examines the current state of the evidence with regard to prolonged infant crying, including medical theories with regard to its aetiology, and the evidence about what works to treat such crying. It goes on to describe a relational perspective based on the most recent developmental theory about the cause of such crying, and evidence from attachment and neurobiological research, which provides a more nuanced picture of some of the factors that influence the parental response to infant crying. The paper concludes by describing a relational approach to supporting parent-infant dyads affected by this problem.

BOOK TICKETS ON EVENTBRITE

FURTHER INFORMATION CONTACT:

INFO@AIMH.UK

AiMH UK Best Practice Guides

AiMH UK over the last 8 years have written and produced 9 Best Practice Guides covering various topics that provide Infant Mental Health practitioners with state of the art evidence about 'what works' to support the development of infant mental health during the perinatal period. To access all the past editions of the BPG's [become a member of AiMH UK](#)



Best Practice Guide 1 - Improving Relationships in the Perinatal Period: What Works?

This guide looks explicitly at why the 'Transition to Parenthood' (TtP) is important and what the evidence tells us about some of the innovative methods of working that have been developed over the course of the last decade to support the couple in the TtP.



Best Practice Guide 2 - Improving Attachment in Babies - What works?

This guide examines what the evidence tells us about some of the innovative ways of working to improve attachment security in babies.



Best Practice Guide 3 - Antenatal Anxiety and Depression. What should we be doing?

This guide examines what the evidence currently tells us about why anxiety and depression in pregnancy matter, in terms of both the developing foetus and the long-term development of the child, and what works best to support women who are experiencing such problems.



Best Practice Guide 4 - The Relationship with the Unborn Baby. Why it matters

Pregnancy is an important opportunity for parents to develop a relationship with the unborn baby. This BPG summarises the findings of research examining the impact of this developing relationship with the unborn baby, in terms of both parent-infant interaction and the baby's attachment status in the postnatal period. **UPDATED JUNE 2023**



Best Practice Guide 5 - Effectiveness of the NBAS - NBO in improving parent-infant interaction and other outcomes

This guide summarises the findings of a Cochrane review assessing the effectiveness of early, brief interventions such as the Neonatal Behavioural Assessment Scale (NBAS) or Neonatal Behavioural Observation (NBO) in improving outcomes for both infant and caregiver.



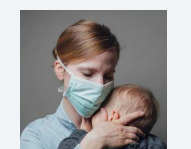
Best Practice Guide 6 - Relational Trauma in infancy

This guide examines what the evidence reveals about the way in which parental unresolved trauma can affect the interaction with the infant, the ways in which such interaction can be identified, and the evidence regarding effective dyadic models of treatment.



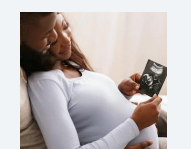
Best Practice Guide 7 - The effectiveness of Video-interaction guidance, a Cochrane systematic review

This guide summarises the results of the Cochrane review (March 2020) examining the effectiveness of 26 studies of different models of video feedback, in improving parental sensitivity, in addition to a range of other child and parent outcomes.



Best Practice Guide 8 - The secondary impact of Covid19

This Best Practice Guide provides a summary of what the evidence currently tells us about the secondary impact of the COVID-19 pandemic on infant mental health. It describes a number of pathways through which the stress that is experienced by women, both antenatally and postnatally, can influence the mental health of the infant and later child/adult.



Best Practice Guide 9 - Enhancing parental reflective functioning across the perinatal period. What works?

Parental reflective functioning (PRF) refers to the parent's ability to think about their baby's mind and to understand their baby's behaviour in terms of underlying feelings. The ability to reflect in this way both before and after the baby is born, has been found to be a strong indicator of parenting behaviours when the baby has been born.

A photograph of a baby in a light blue onesie being held up by a woman. The baby is looking down and smiling. The woman's face is partially visible in the bottom right corner, looking up at the baby. The background is a soft-focus indoor setting with a plant.

AIMH UK MEMBERSHIP

THE UK'S LEADING MEMBERSHIP
ORGANISATION FOR ALL INFANT
MENTAL HEALTH PRACTITIONERS,
EARLY YEARS WORKERS, STUDENTS
AND EDUCATORS

SUPPORTING YOUR WORK IN INFANT
MENTAL HEALTH

ABOUT US



Our mission is to promote understanding about infant mental health (IMH) and its importance, and to support the continuing professional development of all practitioners, early years workers, educators and students working to improve outcomes for parents, babies and toddlers.

AiMH UK, which was founded in 1996 and is an affiliate of the World Association for infant mental health (WAIMH), is a not-for-profit organisation and our primary function is to contribute to the raising of standards of IMH practice.

WHAT WE DO

- Raise awareness of the importance of Infant Mental Health for the child's future development
- Bring together practitioners working to promote the well-being of infants and toddlers in local AiMH UK hubs
- Provide CPD training events and conferences, delivered by experts in the field of infant mental health to update professional practice
- Provide practitioners with access to a range of resources that will improve their practice including the AiMH UK Best Practice Guides, the IJPE Journal, recommended IMH Books, articles and research papers.



Cited in the Family Hubs and Start for Life (SfL) Programme Guidance (2022)

THE AIMH UK IMH CPD PROGRAMME

Designed to enable you to map your skills, knowledge and practice experience against the UK national Infant Mental Health Competency Framework (IMHCF), to build your IMH Portfolio, and gain entry to the Infant Mental Health Recognition Register (IMHRR)



AIMH UK MEMBERSHIP



Access to all professional resources on the AiMH UK Member area including the AiMH UK Best Practice Guides and the 'Getting to Know Your Baby' Videos



Access to AiMH UK Skills Box sessions and online events and workshops



Access to the AiMH UK community through Mighty Networks; an App based platform available online and on mobile phones and membership of your local networking hub.



Quarterly copies of the International Journal of Birth and Parenting Education (IJBPE) and access to an archive of past issues (this would normally cost £25)



Discounted access to the AiMH UK National Conference, Spring Conference and the AiMH UK IMHAW Conference



Access to the AiMH UK IMH CPD Programme to generate an IMH CPD Portfolio and secure registration on the UK Infant Mental Health Recognition Register (IMHRR) <https://imhcpd.aimh.uk>



Regular email updates on the latest news and research in Infant Mental Health with downloadable articles, and reports. Clinical updates, regular newsletters and best books in IMH



mighty networks



INDIVIDUAL MEMBERSHIP

QUALIFIED PROFESSIONAL

£65

AiMH UK Membership and access to the IMH CPD Programme

EARLY YEARS WORKER

£35

with a Level 2 or Level 3 childcare qualification/Level 3 Diploma for the Children and Young People's Workforce/Level 3 Diploma for the Early Years workforce and the CACHE Diploma for Nursery Nurses

STUDENT

£30

Evidence of your University / College, course, and tutor must be provided to admin@aimh.uk

ORGANISATIONAL / TEAM MEMBERSHIP PACKAGES AVAILABLE

We offer several packages for your team / organisations to join AiMH UK. From a basic membership to a Bespoke IMH CPD package with access to events, support for building your teams IMH Portfolio and access to the IMH Recognition Register upon successful completion of the IMH CPD programme.

all valid for 1 year

FOR FURTHER INFORMATION CONTACT: ADMIN@AIMH.UK



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