



# The Rupture & Repair Process:

“Learning from video microanalysis of practitioner-parent-infant interactions”

**FRI 9TH FEB 2024 | 1PM - 3PM ONLINE**

**AiMH UK with Tessa Baradon, Evrinomy Avdi, Bjorn Salomonsson, & Keren Amiran**

The presenters will present and discuss some of their fascinating findings:

- What actually happens in a therapeutic encounter?
- What interactions are supportive to parents?
- How might practitioners inadvertently contribute to ruptures?
- What happens in the process of repairing ruptures with the parents we work with?

All these questions and more will be discussed with participants during this interactive session.

**AiMH UK Members £10. Non-members £20**

**Book your place here**



[www.aimh.uk](http://www.aimh.uk)

## **The Rupture & Repair Process:**

### **“Learning from video microanalysis of therapist-parent-infant interactions”**

AIMH UK is delighted to welcome Tessa Baradon, founder of the Parent Infant Psychotherapy training at the Anna Freud Centre and a pioneer of parent-infant psychotherapy in the UK. Tessa has been undertaking research on therapist-parent-infant encounters at the Anna Freud Centre’s CHAPTRe (Child Attachment & Psychological Therapies Research).

Tessa, together with her colleagues - Evrinomy Avdi, Research Tutor, at the Anna Freud Centre; Bjorn Salomonsson, psychoanalyst, at the Karolinska Institute, Sweden and Keren Amiran, film maker and clinical researcher at the Anna Freud Centre - have been revealing the essence of therapist-patient interactions through multi-faceted microanalytic research.

This presentation and discussion will be of relevance to all professionals working with parents of infants, wishing to enhance the quality of their interactions with parents and/or their babies, including: midwives; health visitors; perinatal nursery nurses; perinatal psychologists; parent infant psychotherapists and perinatal psychiatrists.

**CPD HOURS 2** - All attendees will be sent a certificate.

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<https://imhcpd.aimh.uk>

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## **Abstract from Tessa Baradon**

‘Systematic investigation of clinical process in psychoanalytic psychotherapy raises important questions: what happens within the therapeutic encounter? What may contribute to change, stalemate, or harm? What dynamics are introduced by each participant and how do these affect the system?’

This presentation describes a method for investigating clinical process through the detailed study of the interactions that take place between therapist and patient/s during therapy sessions. Layered Analysis (LA) combines therapist countertransference reports and multi-faceted microanalytic research approaches. Embodied and verbal transactions during brief interactional micro-events characterising ‘rupture’ and ‘repair’ are considered alongside clinician’s countertransference.

A central intention is to enhance our grasp of the therapeutic encounter in ways that are relevant to clinical practice and training. Following the 1 hour presentation there will be a discussion with the audience around this question’.

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## **Tessa Baradon**

Consultant Parent Infant Psychotherapist & Author of *The Practice of Psychoanalytic Parent-Infant Psychotherapy*, Adjunct Professor University of Witwatersrand, South Africa. Tessa trained in child psychotherapy and psychoanalysis. She led the development of the model psychoanalytic parent infant psychotherapy at the Anna Freud Centre, which has been implemented in different socioeconomic and cultural settings internationally. She trains and supervises and has published widely on the topic.



## **Evrinomy Avdi**

Is a professor in clinical psychology at the School of Psychology, Aristotle University in Thessaloniki, Greece and research tutor at the Anna Freud Centre in London. She is a member of the North Hellenic Psychoanalytic Association and works clinically with adults, as well as infants and their parents. Her research and publications focus on the study of psychotherapy process, primarily using qualitative methods.



## **Björn Salomonsson**

Is a member of the Swedish Psychoanalytical Association, Stockholm, working in private practice and at a Child Health Centre. Associate Professor at the Department of Women's and Children's Health, Karolinska Institute, his research and publications focus on psychoanalytical parent-infant therapies (theory, practice, and quantitative outcomes), analysis with children and adults, and the 'weaving thoughts' presentation method. His publications have been published in various languages.



## **Keren Amiran**

(Born in Tel Aviv in 1975) lives and works in London. Her work primarily comprises film, sound installations, and photographs. Keren studied observational psychoanalysis at the Tavistock and utilises her experience as a video artist to analyse videos of PIP psychotherapy as a researcher at the Anna Freud.





# AIMH UK MEMBERSHIP

THE UK'S LEADING MEMBERSHIP  
ORGANISATION FOR ALL INFANT  
MENTAL HEALTH PRACTITIONERS -  
SUPPORTING YOUR WORK IN INFANT  
MENTAL HEALTH

# ABOUT US



Our mission is to promote understanding about infant mental health (IMH) and its importance, and to support the continuing professional development of all practitioners, early years workers, educators and students working to improve outcomes for parents, babies and toddlers.

AiMH UK, which was founded in 1996 and is an affiliate of the World Association for infant mental health (WAIMH), is a not-for-profit organisation and our primary function is to contribute to the raising of standards of IMH practice.

## WHAT WE DO

- Raise awareness of the importance of Infant Mental Health for the child's future development
- Bring together practitioners working to promote the well-being of infants and toddlers in local AiMH UK hubs
- Provide CPD training events and conferences, delivered by experts in the field of infant mental health to update professional practice
- Provide practitioners with access to a range of resources that will improve their practice including the AiMH UK Best Practice Guides, the IJPE Journal, recommended IMH Books, articles and research papers.



Cited in the Family Hubs and Start for Life (SfL) Programme Guidance (2022)

## THE AIMH UK IMH CPD PROGRAMME

Designed to enable you to map your skills, knowledge and practice experience against the UK national Infant Mental Health Competency Framework (IMHCF), to build your IMH Portfolio, and gain entry to the Infant Mental Health Recognition Register (IMHRR)





# INDIVIDUAL MEMBERSHIP

## QUALIFIED PROFESSIONAL

£65

AiMH UK Membership and access to the IMH CPD Programme

## EARLY YEARS WORKER

£35

with a Level 2 or Level 3 childcare qualification/Level 3 Diploma for the Children and Young People's Workforce/Level 3 Diploma for the Early Years workforce and the CACHE Diploma for Nursery Nurses

## STUDENT

£30

Evidence of your University / College, course, and tutor must be provided to [admin@aimh.uk](mailto:admin@aimh.uk)

## ORGANISATIONAL / TEAM MEMBERSHIP PACKAGES AVAILABLE

We offer several packages for your team / organisations to join AiMH UK. From a basic membership to a Bespoke IMH CPD package with access to events, support for building your teams IMH Portfolio and access to the IMH Recognition Register upon successful completion of the IMH CPD programme.

all valid for 1 year

FOR FURTHER INFORMATION CONTACT: [ADMIN@AIMH.UK](mailto:ADMIN@AIMH.UK)



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