

AiMH UK NATIONAL NETWORKING ONLINE EVENT

‘SUPPORTING INFANT SLEEP’

WITH MARY RHEESTON AND
AND KATE GOULD FROM
SOLIHULL APPROACH



MARY RHEESTON

Solihull Approach
Manager & Health
Visitor



KATE GAULD

Senior Community
Nursery Nurse

The first of our National Networking Events
for 2024.

‘Infant Sleep - finding a relational way
through’. This is an opportunity to network
with colleagues from all areas of the UK, to
share ideas and practice and also learn
about is happening in relation to support for
infant crying in your area though our hub
network.



**THURSDAY
23RD MAY
9.30AM -
12.00PM**

**AiMH UK Members: Free
Non-Members: £15**

REGISTER HERE

AiMH UK NATIONAL NETWORKING ONLINE EVENT

‘SUPPORTING INFANT SLEEP’

PROGRAMME & BIOS

9:30am Welcome

9:35am to 10:15am Supporting Infant Sleep

Mary Rheeston - Solihull Approach Manager and Health Visitor has been involved with the Solihull Approach since it began. She is involved in Solihull Approach developments, including resources and training. She has a strong commitment to supporting emotional health and wellbeing for everyone across the lifespan, from the antenatal period to adulthood.

Kate Gauld, is a Community Nursery Nurse working with the Solihull Health Visiting Team with over 30 years experience working with children 0 – 5 years and their families. Kate is Solihull Approach trained and uses it on a daily basis when offering support. She was recently involved in the Solihull approach sleep resource project and with sleep being an area that families often struggle with which can have an impact on the whole family, it was great to be part of.

Both will be describing how the Solihull Approach can be used in supporting families with infant sleep and the development of the Sleepfullness video resources for families by the Solihull Approach.

10:15am to 11:00am Networking Session 1:

Infant Sleep - finding a relational away through. This is an opportunity to network with colleagues from all areas of the UK, to share ideas and practice. We will come back together to share the key take aways of these discussions as a whole network.

11.00am Break

11:15am – 12:00pm Networking Session 2:

Local networking – connecting, sharing and developing: Learn about what is happening in relation to support for infant crying in your area. Discuss any other topical developments or issues in relation to working with parents and babies in your area

12:00pm End



AIMH UK MEMBERSHIP

THE UK'S LEADING MEMBERSHIP
ORGANISATION FOR ALL INFANT
MENTAL HEALTH PRACTITIONERS -
SUPPORTING YOUR WORK IN INFANT
MENTAL HEALTH

ABOUT US



Our mission is to promote understanding about infant mental health (IMH) and its importance, and to support the continuing professional development of all practitioners, early years workers, educators and students working to improve outcomes for parents, babies and toddlers.

AiMH UK, which was founded in 1996 and is an affiliate of the World Association for infant mental health (WAIMH), is a not-for-profit organisation and our primary function is to contribute to the raising of standards of IMH practice.

WHAT WE DO

- Raise awareness of the importance of Infant Mental Health for the child's future development
- Bring together practitioners working to promote the well-being of infants and toddlers in local AiMH UK hubs
- Provide CPD training events and conferences, delivered by experts in the field of infant mental health to update professional practice
- Provide practitioners with access to a range of resources that will improve their practice including the AiMH UK Best Practice Guides, the IJPE Journal, recommended IMH Books, articles and research papers.



Cited in the Family Hubs and Start for Life (SfL) Programme Guidance (2022)

THE AIMH UK IMH CPD PROGRAMME

Designed to enable you to map your skills, knowledge and practice experience against the UK national Infant Mental Health Competency Framework (IMHCF), to build your IMH Portfolio, and gain entry to the Infant Mental Health Recognition Register (IMHRR)



INDIVIDUAL MEMBERSHIP

QUALIFIED PROFESSIONAL

£65

AiMH UK Membership and access to the IMH CPD Programme

EARLY YEARS WORKER

£35

with a Level 2 or Level 3 childcare qualification/Level 3 Diploma for the Children and Young People's Workforce/Level 3 Diploma for the Early Years workforce and the CACHE Diploma for Nursery Nurses

STUDENT

£30

Evidence of your University / College, course, and tutor must be provided to admin@aimh.uk

ORGANISATIONAL / TEAM MEMBERSHIP PACKAGES AVAILABLE

We offer several packages for your team / organisations to join AiMH UK. From a basic membership to a Bespoke IMH CPD package with access to events, support for building your teams IMH Portfolio and access to the IMH Recognition Register upon successful completion of the IMH CPD programme.

all valid for 1 year

FOR FURTHER INFORMATION CONTACT: ADMIN@AIMH.UK



<https://aimh.uk>
<https://imhcpd.aimh.uk>