

**AIMH UK
LUNCHTIME
SKILLS BOX
SESSION WITH
DAVID
MULLINGS**

**WHY ENGAGING
FATHERS IS
NO LONGER
A CHOICE -**

**'INCLUDING DADS
IN PARENT-BABY
WORK'**



Members: free
Non-Members: £15

THURSDAY 10TH OCTOBER 1.00PM - 2.00PM • ONLINE EVENT
SUPPORTING WORLD MENTAL HEALTH DAY 2024

BOOK TICKETS ON EVENTBRITE



DAVID MULLINGS

Father Inclusion Manager | Camden Dads | Family Hubs Camden





AIMH UK
LUNCHTIME
SKILLS BOX
SESSIONS



'INCLUDING & ENGAGING DADS WHEN WORKING WITH BABIES

AiMH UK is delighted that **David Mullings of Camden Dads** will be presenting our October Skills Box session. We will be running this event on World Mental Health Day 2024.

Engaging and including fathers is at the heart of David's work. As Camden's Father Inclusion Manager, David challenges traditional father engagement methods and drives systemic changes. He launched "Camden Dads", a support and drop-in group for new Dads, attracting over 400 families to the annual Father's Day celebration in 2023. He also established the National Father Inclusive Practice Forum, promoting best practices in father-inclusive approaches across the UK.

David will discuss why engaging fathers is no longer a choice and present on the following topics:

- Different Types of Fathers
- Traditional & Modern Roles of Fathers
- The Evolution of Fathers
- The Research - How Father's Impact Children
- Things to Consider when Engaging Fathers
- 10 Top Tips for Engaging Fathers



David founded Father Figure Children & Family Services in 2011 after working at a leading charity for fathers and experiencing the impact of austerity measures. Drawing from his own fatherhood journey and nearly two decades of professional experience, he has developed tailored interventions to support families, focusing on fathers. David serves as a McKenzie Friend court advocate, helping fathers secure contact with their children and conducts one-on-one sessions as requested by London local authorities.

David introduced a successful model in Brent's Children's Centres, increasing father involvement in the Early Years Sector. Over two to three years, the Fathers In Brent Programme engaged over 5,000 fathers, impacting 33% of children under five in Brent.

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David debuted in documentary filmmaking in 2021 with "5 Black Fathers," which explores the lives of five Afro-Caribbean fathers. The film challenges stereotypes and is used in Father Inclusive practice training.

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FURTHER INFORMATION CONTACT: INFO@AIMH.UK



AIMH UK MEMBERSHIP

THE UK'S LEADING MEMBERSHIP
ORGANISATION FOR ALL INFANT
MENTAL HEALTH PRACTITIONERS,
EARLY YEARS WORKERS, STUDENTS
AND EDUCATORS

SUPPORTING YOUR WORK IN INFANT
MENTAL HEALTH

ABOUT US



Our mission is to promote understanding about infant mental health (IMH) and its importance, and to support the continuing professional development of all practitioners, early years workers, educators and students working to improve outcomes for parents, babies and toddlers.

AiMH UK, which was founded in 1996 and is an affiliate of the World Association for infant mental health (WAIMH), is a not-for-profit organisation and our primary function is to contribute to the raising of standards of IMH practice.

WHAT WE DO

- Raise awareness of the importance of Infant Mental Health for the child's future development
- Bring together practitioners working to promote the well-being of infants and toddlers in local AiMH UK hubs
- Provide CPD training events and conferences, delivered by experts in the field of infant mental health to update professional practice
- Provide practitioners with access to a range of resources that will improve their practice including the AiMH UK Best Practice Guides, the IJPE Journal, recommended IMH Books, articles and research papers.



Cited in the Family Hubs and Start for Life (SfL) Programme Guidance (2022)

THE AIMH UK IMH CPD PROGRAMME

Designed to enable you to map your skills, knowledge and practice experience against the UK national Infant Mental Health Competency Framework (IMHCF), to build your IMH Portfolio, and gain entry to the Infant Mental Health Recognition Register (IMHRR)



AIMH UK MEMBERSHIP



Access to all professional resources on the AiMH UK Member area including the AiMH UK Best Practice Guides and the 'Getting to Know Your Baby' Videos



Access to AiMH UK Skills Box sessions and online events and workshops



Access to the AiMH UK community through Mighty Networks; an App based platform available online and on mobile phones and membership of your local networking hub.



Quarterly copies of the International Journal of Birth and Parenting Education (IJBPE) and access to an archive of past issues (this would normally cost £25)



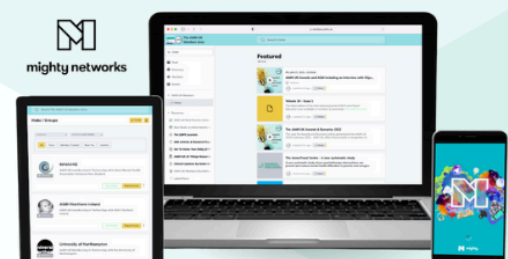
Discounted access to the AiMH UK National Conference, Spring Conference and the AiMH UK IMHAW Conference



Access to the AiMH UK IMH CPD Programme to generate an IMH CPD Portfolio and secure registration on the UK Infant Mental Health Recognition Register (IMHRR) <https://imhcpd.aimh.uk>



Regular email updates on the latest news and research in Infant Mental Health with downloadable articles, and reports. Clinical updates, regular newsletters and best books in IMH



INDIVIDUAL MEMBERSHIP

QUALIFIED PROFESSIONAL

£65

AiMH UK Membership and access to the IMH CPD Programme

EARLY YEARS WORKER

£35

with a Level 2 or Level 3 childcare qualification/Level 3 Diploma for the Children and Young People's Workforce/Level 3 Diploma for the Early Years workforce and the CACHE Diploma for Nursery Nurses

STUDENT

£30

Evidence of your University / College, course, and tutor must be provided to admin@aimh.uk

ORGANISATIONAL / TEAM MEMBERSHIP PACKAGES AVAILABLE

We offer several packages for your team / organisations to join AiMH UK. From a basic membership to a Bespoke IMH CPD package with access to events, support for building your teams IMH Portfolio and access to the IMH Recognition Register upon successful completion of the IMH CPD programme.

all valid for 1 year

FOR FURTHER INFORMATION CONTACT: ADMIN@AIMH.UK



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