



**AIMH UK  
LUNCHTIME  
SKILLS BOX  
SESSION WITH  
ROSIE RENSHAW  
DIRECTOR OF  
GROBRAIN**



**HOW TO HELP  
PARENTS  
SUPPORT THEIR  
BABY'S  
EMOTIONAL AND  
BRAIN  
DEVELOPMENT**



**AiMH UK Members: free**  
Non-Members: £15 (plus booking fee)

**THURSDAY 26TH MARCH 1.00PM - 2.00PM • ONLINE EVENT**

**BOOK TICKETS ON EVENTBRITE**

Please contact [info@aimh.uk](mailto:info@aimh.uk) for any queries or if you wish a team / members of an organisation to attend.

## GroBrain: How to Help Parents Support their Baby's Emotional and Brain Development



We are delighted that **Rosie Renshaw, Director of GroBrain** will be taking our next Skills Box session.

GroBrain is a parent-friendly programme which supports parents to give their babies the best start in life. Over 3000 infant mental health and early years practitioners have been trained to use GroBrain in their practice. The GroBrain programme supports attuned, responsive, caregiving in the first 3 years of life.

Please join us to hear Rosie speak and learn:

- How to make brain-science concepts easy for parents to understand
- Simple brain-building and connection-building exercises to put into practice with parents and their babies
- How the GroBrain programme supports the development of healthy parent baby relationships

Whether you're a practitioner working with parents, or simply passionate about early childhood development, this session is not to be missed!



Rosie is a child and family practitioner with a wide range of experience working with children aged 0-18 and their families. She has delivered intensive therapeutic services and family support to children on the edge of care, in care, post-adoption and excluded from education, in a range of local authority and voluntary sector services.

Before joining Grobrain in 2012, Rosie specialised in working with families antenatally and postnatally facing multiple and complex adversities, to support families to keep their baby with them where possible. Using her family therapy experience, Rosie has worked with families experiencing mental health difficulties, domestic abuse, substance misuse and in the safeguarding arena. This included being part of the Parents under Pressure RCT evaluation, a collaboration between NSPCC and Professor Jane Barlow.

Rosie brings to GroBrain her talent for translating complex science into practice and devising engaging training techniques alongside her own experience of being a parent.



**BOOK TICKETS ON EVENTBRITE**

FURTHER INFORMATION CONTACT:  
INFO@AIMH.UK



# AIMH UK MEMBERSHIP

THE UK'S LEADING MEMBERSHIP  
ORGANISATION FOR ALL INFANT MENTAL  
HEALTH TEAMS, PRACTITIONERS, EARLY YEARS  
WORKERS, EDUCATORS AND STUDENTS

SUPPORTING YOUR WORK IN INFANT  
MENTAL HEALTH

# ABOUT US



Our mission is to promote understanding about infant mental health (IMH) and its importance, and to support the continuing professional development of all practitioners, early years workers, educators and students working to improve outcomes for parents, babies and toddlers.

AiMH UK, which was founded in 1996 and is an affiliate of the World Association for infant mental health (WAIMH), is a not-for-profit organisation and our primary function is to contribute to the raising of standards of IMH practice.

## WHAT WE DO

- Raise awareness of the importance of Infant Mental Health for the child's future development
- Bring together practitioners working to promote the well-being of infants and toddlers in local AiMH UK hubs
- Provide CPD training events and conferences, delivered by experts in the field of infant mental health to update professional practice
- Provide practitioners with access to a range of resources that will improve their practice including the AiMH UK Best Practice Guides, the IJPE Journal, recommended IMH Books, articles and research papers.



Cited in the Family Hubs and Start for Life (SfL) Programme Guidance (2022)

## THE AIMH UK IMH CPD PROGRAMME

Designed to enable you to map your skills, knowledge and practice experience against the UK national Infant Mental Health Competency Framework (IMHCF), to build your IMH Portfolio, and gain entry to the Infant Mental Health Recognition Register (IMHRR)



# AIMH UK MEMBERSHIP



Access to all professional resources on the AiMH UK Member area including the AiMH UK Best Practice Guides and Factsheets, and the 'Getting to Know Your Baby' Videos



Complimentary or Discounted Access to AiMH UK Skills Box Sessions, Online Events, and Workshops



Access to the AiMH UK community through Mighty Networks; an App based platform available online and on mobile phones and membership of your local networking hub. Creation of your own workforce space is also available.



Copies of the CPD Soundbites in Infant Mental Health - Designed to offer IMH practitioners quick CPD activities, helping busy professionals to continue to enhance their practice.



\*Discounted entry to the AiMH UK National Conference, Spring Conference and the AiMH UK IMHAW Conference.

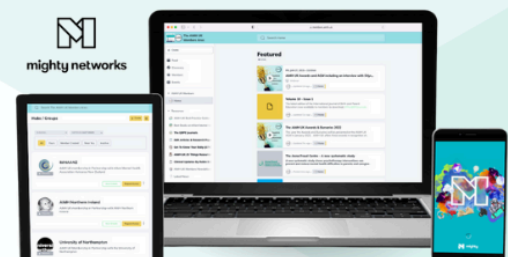
\*(Free with the Bespoke package)



Access to the AiMH UK IMH CPD Programme to generate an IMH CPD Portfolio and secure registration on the UK Infant Mental Health Recognition Register (IMHRR) <https://imhcpd.aimh.uk>



Regular email updates on the latest news and research in Infant Mental Health with downloadable articles, and reports. Clinical updates, regular newsletters and best books in IMH



# INDIVIDUAL MEMBERSHIP

## QUALIFIED PROFESSIONAL

£65

AiMH UK Membership and access to the IMH CPD Programme

## EARLY YEARS WORKER

£35

with a Level 2 or Level 3 childcare qualification/Level 3 Diploma for the Children and Young People's Workforce/Level 3 Diploma for the Early Years workforce and the CACHE Diploma for Nursery Nurses

## STUDENT

£30

Evidence of your University / College, course, and tutor must be provided to [admin@aimh.uk](mailto:admin@aimh.uk)

## ORGANISATIONAL / TEAM MEMBERSHIP PACKAGES AVAILABLE

We offer several packages for your team / organisations to join AiMH UK. From a basic membership to a Bespoke IMH CPD package with access to events, support for building your teams IMH Portfolio and access to the IMH Recognition Register upon successful completion of the IMH CPD programme.

all valid for 1 year

FOR FURTHER INFORMATION CONTACT: [ADMIN@AIMH.UK](mailto:ADMIN@AIMH.UK)



<https://aimh.uk>

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