



# AIMH UK MEMBERSHIP

THE UK'S LEADING MEMBERSHIP ORGANISATION  
FOR ALL INFANT MENTAL HEALTH  
PRACTITIONERS, IMH TEAMS, EARLY YEARS  
WORKERS, STUDENTS AND EDUCATORS



SUPPORTING YOUR WORK IN INFANT  
MENTAL HEALTH

# ABOUT US



Our mission is to promote understanding about infant mental health (IMH) and its importance, and to support the continuing professional development of all practitioners, early years workers, educators and students working to improve outcomes for parents, babies and toddlers.

AiMH UK, which was founded in 1996 and is an affiliate of the World Association for infant mental health (WAIMH), is a not-for-profit organisation and our primary function is to contribute to the raising of standards of IMH practice.

## WHAT WE DO

- Raise awareness of the importance of Infant Mental Health for the child's future development
- Bring together practitioners working to promote the well-being of infants and toddlers in local AiMH UK hubs
- Provide CPD training events and conferences, delivered by experts in the field of infant mental health to update professional practice
- Provide practitioners with access to a range of resources that will improve their practice including the AiMH UK Best Practice Guides, the IJPE Journal, recommended IMH Books, articles and research papers.



Cited in the Family Hubs and Start for Life (SfL) Programme Guidance (2022)

## THE AIMH UK IMH CPD PROGRAMME

Designed to enable you to map your skills, knowledge and practice experience against the UK national Infant Mental Health Competency Framework (IMHCF), to build your IMH Portfolio, and gain entry to the Infant Mental Health Recognition Register (IMHRR)



# AIMH UK MEMBERSHIP



Access to all professional resources on the AiMH UK Member area including the AiMH UK Best Practice Factsheets & Guides, and the 'Getting to Know Your Baby' Videos



Complimentary or Discounted tickets to the AiMH UK Lunchtime Skills Box sessions, National Networking Events and Hub events.



Access to the AiMH UK community through Mighty Networks; an App based platform available online and on mobile phones and membership of your local networking hub.



Copies of the CPD Soundbites in Infant Mental Health - Designed to offer IMH practitioners quick CPD activities, helping busy professionals to continue to enhance their practice.



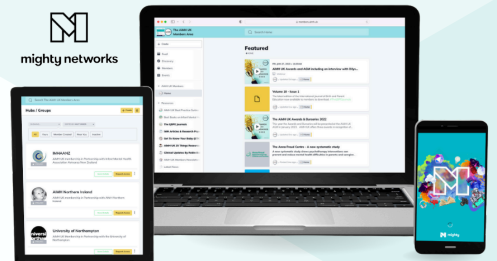
Discounted access to the AiMH UK National Conference, Spring Conference and the AiMH UK IMHAW Conference



Access to the AiMH UK IMH CPD Programme to generate an IMH CPD Portfolio and secure registration on the UK Infant Mental Health Recognition Register (IMHRR) <https://imhcpd.aimh.uk>



Regular email updates on the latest news and research in Infant Mental Health with downloadable articles, and reports. Clinical updates, regular newsletters and best books in IMH



# THE AIMH UK IMH CPD PROGRAMME

*'Promoting excellence in infant mental health practice'*

## WHO IS IT FOR?

The IMH CPD Programme **is for all staff working with infants and their parent/s/caregiver** from pregnancy to the second year of life, and who support parent/s/ and or caregiver to promote healthy infant development.

The programme has been designed to help you map your skills, knowledge and practice experience against the UK Infant Mental Health Competency Framework (IMHCF), and to build your IMH Portfolio.

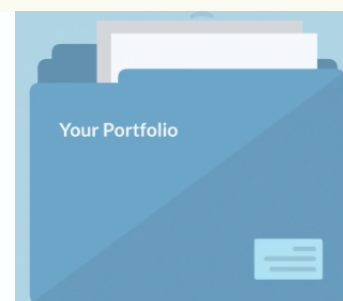
## WHY SIGN UP FOR THE IMH CPD PROGRAMME?

- The CPD Competency Frameworks provides the national standards to which all practitioners should be working
- It provides practitioners with guided support to assess your current skills and identify any skill gaps
- It also provides practitioners with recognition of their IMH skills that you can use for your personal development and to demonstrate competencies to employers
- It will raise the standard of IMH practice nationally.

## BUILDING THE IMH COMMUNITY

Membership of AiMH UK and the creation of an IMH Portfolio encourages all practitioners:

- to develop an infant mental health frame of mind, in which all practitioners focus on both the perspective of the baby (including the non-verbal infant) and that of the parent. This helps perinatal and IMH practitioners to recognise the parent-infant (P-I) relationship as a dynamic system, and to be able to promote the P-I relationship
- to help ensure the workforce is suitably skilled to identify need and deliver care to parent/s/caregiver who are pregnant or have a baby, and to both promote the mental health of the baby and provide access to appropriate evidence-based treatment where there are problems, as outlined in the Healthy Child Programme (DH, 2009;2014)



# INDIVIDUAL MEMBERSHIP

## QUALIFIED PROFESSIONAL

£65

AiMH UK Membership and access to the IMH CPD Programme

## EARLY YEARS WORKER

£35

with a Level 2 or Level 3 childcare qualification/Level 3 Diploma for the Children and Young People's Workforce/Level 3 Diploma for the Early Years workforce and the CACHE Diploma for Nursery Nurses

## STUDENT

£30

Evidence of your University / College, course, and tutor must be provided to [admin@aimh.uk](mailto:admin@aimh.uk)

## ORGANISATIONAL / TEAM MEMBERSHIP PACKAGES AVAILABLE

We offer several packages for your team / organisations to join AiMH UK. From a basic membership to a Bespoke IMH CPD package with access to events, support for building your teams IMH Portfolio and access to the IMH Recognition Register upon successful completion of the IMH CPD programme.

all valid for 1 year

FOR FURTHER INFORMATION CONTACT: [ADMIN@AIMH.UK](mailto:ADMIN@AIMH.UK)



<https://aimh.uk>  
<https://imhcpd.aimh.uk>

# TERMS AND CONDITIONS OF THE AIMH UK MEMBERSHIP

This Membership Agreement is entered into by AiMH UK and anyone who signs up to becoming a member individually or as part of a centre or organisational membership, and comes into effect on the date of payment and the membership is activated.

## Member benefits

As of part of membership with AiMH UK, the Member will receive the benefits as outlined above.

## Membership dues

The membership is paid annually by invoice or through our payment provider stripe. If you do not renew your membership you will then relinquish all member benefits after the yearly subscription has lapsed.

## Restrictions for member and members through an organisation / team

The Member agrees that they will not:

- Share their login information with non-members
- Reproduce any of the information received as part of their membership and share it with non-members
- Post inappropriate, inaccurate or offensive content to membership discussions

## GDPR & Privacy

AiMH UK will not share any contact or personal information about the Member with other members, non-members or any third parties, unless the member has agreed to do so. (see website for full details)

## Membership termination

The Organisation has a right to terminate the Member's membership if any of the terms and the conditions of this Agreement are violated. The Member can terminate their membership at any point and for any reason and will not be charged for their next billing cycle.

By agreeing to pay AiMH UK the membership payment you are confirming that you have read, understood and agree to the terms and conditions outlined in this Agreement.

