

AiMH UK NATIONAL NETWORKING ONLINE EVENT

'WORKING WITH YOUNG PARENTS AND THEIR BABIES'

Join us for a special event during **Mental Health Awareness Week** where we will hear from Jo Davies and Amy Bowles from the **WILD Project in Cornwall** and Sian Drinkwater from the **MMHA** showcasing their new resources for young parents.

Aligned with this year's theme of '**Community,**' our national networking event provides a valuable opportunity to connect with colleagues and from across the country to discuss best practices in working with young parents and their infants.



AiMH
UK

**WEDNESDAY
14TH MAY
9.30AM -
12.30PM**

**Members: Free
Non-Members: £20**

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WILD
EST. 1992



**Maternal Mental
Health Alliance**

'WORKING WITH YOUNG PARENTS AND THEIR BABIES'

PROGRAMME

9:30am Jo Davies and Amy Bowles, from the Wild Young Parents Project, Cornwall.

Jo will be talking about the unique needs of young parents and the specific support that the WILD Project has developed, which speaks to young people. Amy will speak about her therapeutic work with young parents and their babies and how the needs of both can be met.

10:30am Breakout Rooms, Small Group Discussions & Networking (30 minutes):

- What is available in different parts of the UK for supporting young parents and their babies.

11:00am Break

11:15am Sian Drinkwater, from the Maternal Mental Health Alliance, London

Sian will present the MMHA's recently produced resources for working with young parents.

11:45 Breakout Room, Small Group Discussions & Networking (30 minutes):

- Applying the MMHA's resources for working with young parents to practice

12:15pm Big Group discussion

12:30pm Close



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