



#IMHAW2025 CONFERENCE

Who is
holding
the baby?



WEDNESDAY 11TH JUNE 2025 9.00AM - 12.30PM ONLINE

Join us for this year's online Infant Mental Health Awareness Week Conference!

We'll explore the vital question: **Who is holding the baby?**

This theme prompts us to consider the relationships and systems surrounding infants and their families, emphasising our role in prioritising babies in safe practices.

Together, we'll reflect on the relationships and systems surrounding infants and families, and consider how we can prioritise babies through safe, collaborative practices. With insights from leading experts in infant mental health, social work, and perinatal care, this conference invites you to connect, learn, and advocate for approaches that truly meet babies' emotional and developmental needs across professional networks.



CLAIRE LE QUESNE

Parent Infant Psychotherapist,
Jersey CAMHS



JANE WIFFIN

Social Worker & Serious Case Review Author
CSA CENTRE



JOANNA CHAPMAN

Head of Training,
OXPIP



VIV ALLEN

Founder and CEO
DORPIP

AiMH UK Members: £25
Non-Members: £40

REGISTER NOW



www.aimh.uk

CONFERENCE PROGRAMME

We are delighted to welcome you to this year's online Infant Mental Health Awareness Week Conference, where we will reflect on a critical question: **Who is holding the baby?**

This theme encourages us to think deeply about the relationships, systems and networks surrounding infants and their families – and most importantly, what we can do as professionals to keep babies at the centre of safe practice and at the heart of thinking for parents, within teams and across communities.

This year's programme brings together leading voices in infant mental health, social work, and perinatal care. Our speakers will explore the emotional and developmental needs of babies, the crucial role of co-regulation, and the importance of safeguarding and collaboration across services. From understanding the real-world challenges faced by families and professionals, to examining how we can better hold babies in mind in both policy and practice, this conference invites us to connect, learn, and advocate for approaches that truly hold babies in mind.

We hope you leave this conference with your mind opened wide as to how you can further meet the emotional needs of babies in your practice and better advocate for babies within multi-disciplinary teams and across the professional network.

9.00am - 10.00am Keynote Speaker Claire Le Quesne, Parent Infant Psychotherapist, Jersey CAMHS:

Who is Holding the Baby: Co-Regulation: seeing and meeting the needs of parents, their babies and young children.

10:00am to 10:45am Jane Wiffin, Social Worker & Serious Case Review Author, CSA Centre:
The Vulnerability of Babies. What do Local Child Safeguarding Reviews tell us?

Break

11:00am to 11:45am Joanna Chapman, Head of Training, OXPIP:

Baby in Practice: Clinical Paper Jo will be exploring why babies so often fall out of the minds of professionals.

11:45am to 12:30pm Viv Allen & Members of the DorPIP Team

Holding Baby Together: A Baby-Focused Approach Connecting Teams, Families & Communities



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SPEAKERS



CLAIRE LE QUESNE

Parent Infant Psychotherapist,
Jersey CAMHS

Winner of the AiMH UK Founders Award 2024, Claire is a passionate advocate for early childhood relationships, with a focus on neurodiversity and understanding the sensory and emotional needs of infants and parents. With experience as a nursery teacher, a trainee Parent Infant Psychotherapist and now an experienced PIP, Claire has successfully established and runs a flourishing PIP service in Jersey. Her work empowers parents and professionals to create inclusive, nurturing environments that address the sensory and emotional needs of young children and their families.



JANE WIFFIN

Social Worker & Serious Case Review Author
CSA CENTRE

Jane is a social worker by profession with over 25 years experience of practice across Children's Services in safeguarding roles. As part of this work, she has been the author of over 90 Serious Case Reviews, Safeguarding Adult Reviews and Domestic Homicide Reviews.

Jane is an experienced trainer and policy advisor with a specialist interest in child and adolescent neglect, intra-familial sexual abuse, their impact across the life course and trauma-informed approaches to child and adult safeguarding.



JOANNA CHAPMAN

Head of Training
OXPIP

Jo originally trained as a clinical psychologist and, for 10 years, worked for the NHS across a range of teams including children with special needs and child and adolescent mental health. She joined the Oxford Parent Infant Project (OXPIP) in 2011 to undertake their parent infant psychotherapy training programme and has never looked back. Over the past 13 years, Jo has enjoyed various roles within the OXPIP team, including Deputy and Acting Clinical Director and Head of Training. She is currently Head of Training and has a small clinical caseload.



VIV ALLEN

Founder and CEO
DORPIP

Viv is the Founder and CEO of DorPIP (Dorset Parent Infant Partnership), a charity supporting families to nurture strong parent-infant relationships during the crucial first 1001 days. With over a decade of experience, Viv advocates for infants to be seen, heard, and supported. Under her leadership, DorPIP has championed infant mental health across Dorset through parent-infant psychotherapy, infant massage, and peer support, **winning the the AiMH UK Together Award 2024** for innovation. Viv also leads the Dorset-Wide Manifesto for the First 1001 Days, embedding early relationship priorities into local policy and services.



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