

Wednesday 26th November 9:30am - 3:30pm | online

#### **TICKETS**

Members of AiMH UK: £45 Non-members: £65

Early Bird Member tickets available until Friday 24<sup>th</sup> Oct

### **TEAMS & ORGANISATIONS**

Team bookings welcome! Contact info@aimh.uk to secure places for your organisation and enjoy learning as a group.



## **JOIN AIMH UK**

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# Tiny Senses, Big Impact: Sensory Integration and Early Intervention for Babies and their Parents.

This year's conference brings together experts from psychology, psychotherapy, and occupational therapy to explore how sensory experiences shape babies' development, relationships, and wellbeing.

From early neonatal care to everyday routines, sessions will highlight practical, sensory-informed approaches that support connection, co-regulation, and growth for infants and their parents.

This event will develop your knowledge and skills to:

- Understand how sensory experiences shape early development and attachment
- Apply trauma- and sensory-informed models in practice
- Support families in neonatal and early intervention settings
- Use practical "tiny tweaks" in everyday routines
- Recognise and respond to parent-infant sensory mismatches
- Translate research into tools for real-world practice









9:30 Welcome & Introduction - Professor Jane Barlow, President, AiMH UK

9:35 to 11.00 Keynote Speaker: Éadaoin Bhreathnach,

Clinical Director of the Sensory Attachment Centre, Consultant Occupational Therapist & Attachment Counsellor

'Regulating Relationships: Sensory Attachment Intervention for Early Connection and Care'

11:00 to 11:15 - Coffee Break



11.15am to 12.00pm Dr Kerry Taylor,

Principal Clinical Psychologist, Trevor Mann Baby Unit, Brighton.

'Faith hope and clarity: bringing parent infant clinical psychology to neonatal intensive care'.



12:00 to 12:45 Dr Emma Turner,

Principal Child and Adolescent Psychotherapist, Oliver Fisher Neonatal Unit, Medway NHS Foundation Trust.

'There's no such thing as an infant" (Winnicott, 1960) – containing intense emotion on a neonatal unit'

2:45 to 1:30 - Lunch (45 minutes



1.30 - 3230 - Emily Hills and Lindsay Hardy,

Occupational Therapists, Co-authors and Co-founders, Sensory Beginnings.

The Power of 8! - 'Supporting development, regulation, and early relationships through a sensory-informed approach. Because every brain needs nurturing sensory connections'.



2.30 - 3.30 - Roelien Funchal,

MSc Sensory Integration, Course Director BSc Occupational Therapy, University of East Anglia

'Tiny Tweaks for Co-Regulation: Meeting Parents and Babies Where They Are'



